

Health Screening Data	
SAMPLE GROUP	
Graded Screenings from 01/01/2008 - 12/31/2008	
Health Screening Participants	78
Blood Pressure	
Number Screened	78
Normal (below 120/80 mmHg)	40%
Pre-Hypertension (120-139 and 80-89 mmHg)	54%
Stage 1 Hypertension (140-159 and 90-99 mmHg)	6%
Stage 2 Hypertension (above 160/100 mmHg)	0%
Not reported	0%
Tobacco/Nicotine Usage	
Number Screened	78
Yes	38%
No	62%
No Answer	0%
Body Mass Index	
Number Screened	78
Desirable (18-24.9 Kg/m2)	18%
Overweight (25-29.9 Kg/m2)	26%
Obese (above 30 Kg/m2)	56%
Not reported	0%
Body Fat Composition (Men)	
Number Screened	36
No Risk for Obesity-Related Illness - Less than 20%	28%
Potential Risk for Obesity-Related Illness - 20 to 25%	25%
Moderate Risk for Obesity-Related Illness - 25 to 30%	22%
High Risk for Obesity-Related Illness - Higher than 30%	25%
Not Reported	0%
Body Fat Composition (Women)	
Number Screened	42
No Risk for Obesity-Related Illness - Less than 27%	14%
Potential Risk for Obesity-Related Illness - 27 to 32%	7%
Moderate Risk for Obesity-Related Illness - 32 to 37%	21%
High Risk for Obesity-Related Illness - Higher than 37%	45%
Not Reported	12%
Total Cholesterol	
Number Screened	78
Desirable (below 200 mg/dL)	56%
Borderline High (201-239 mg/dL)	28%
High (above 240 mg/dL)	15%
Not Reported	0%
Cholesterol / HDL Ratio	
Number Screened	78
Normal (below 4.5)	73%
High (above 4.5)	27%
Not Reported	0%
LDL	
Number Screened	78
Desirable (below 130 mg/dL)	68%
Moderately Elevated (131-160 mg/dL)	21%
High (above 160 mg/dL)	6%
Critical	5%
Not reported	0%
HDL	
Number Screened	78
Excellent (above 60 mg/dL)	26%
Desirable (40-59 mg/dL)	53%
Low (below 40 mg/dL)	22%
Not Reported	0%
Glucose (Fasting)	
Number Screened	78
Normal (70-99 mg/dL)	69%
Pre-Diabetes (100-125)	23%
Diabetes (>126)	6%
Not Reported	1%

2/29/2008

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